

# DISCERNMENT - RESOURCES

## IGNATIAN RESOURCES

Title	Author	Publisher	Year	Link
Rules by which to perceive and understand to some extent the various movements produced in the soul and Rules for the same purpose containing more advanced ways of discerning the spirits	Saint Ignatius of Loyola - Personal Writings	Penguin Classics [313-327] and [328-336]	1996	<a href="#">Link</a>
Essential Ignatian Resources	Discernment and Planning Office (Society of Jesus)	Jesuit Curia Generalizia	2018	<a href="#">Link</a>
Horizons of Life	Darío Mollá Llácer SJ	Eides (p. 21-25)	2014	<a href="#">Link</a>
Ignatian Discernment and Decision Making (Video)	Philip Endean SJ	Jesuits Europe	2016	<a href="#">Link</a>
An Ignatian Framework for Making a Decision	Jim Manney	Ignatian Spirituality website		<a href="#">Link</a>
How Ignatian Spirituality Gives Us a Way to Discern God's Will	David Fleming SJ	Ignatian Spirituality		<a href="#">Link</a>
The affective dimension of discernment and deciding	Franz Meures	Review of Ignatian Spirituality XXXIX	2008	<a href="#">Link</a>
Discernment: the good, the bad ... the Ignatian	Rob Marsh SJ	Thinking Faith	2018	<a href="#">Link</a>
Deceptions in Discernment	Antonio Guillén	The Way	2010	<a href="#">Link</a>
Discernment and Desire	Susan Rakoczy	The Way	1999	<a href="#">Link</a>
In Time of Consolation One Should Make Change	Ignacio Iglesias	The Way	2014	<a href="#">Link</a>
Spiritual Accompaniment and Discernment	Dermot Mansfield	The Way	2008	<a href="#">Link</a>
Spiritual Desolation in today's world	Jesús Corella	The Way	2004	<a href="#">Link</a>
Experience and Discernment	George Earle	The Way	1977	<a href="#">Link</a>

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The Discernment of Spirits: When Do the Second Week Rules Apply?	Timothy Gallagher	The Way	2008	<a href="#">Link</a>
The Discernment of Spirits: An Ignatian Guide for Everyday Living	Timothy Gallagher	The Crossroad Publishing Company	2005	<a href="#">Link</a>
Discerning the Will of God: An Ignatian Guide to Christian Decision Making	Timothy Gallagher	The Crossroad Publishing Company	2009	<a href="#">Link</a>
Discernment in a nutshell	Joseph A. Tetlow	Making Choices in Christ		<a href="#">Link</a>
Formation for Spiritual Discernment	Pope Francis	YouTube	2018	<a href="#">Link</a>
Ignatius on Discernment		The Portal to Jesuit Studies	1552	<a href="#">Link</a>
Ignatius Loyola and Why It's Not Quite Enough to Do What Jesus Would Do	Philip Endean	College of the Holy Cross	2015	<a href="#">Link</a>
Making Life-Decisions according to the Ignatian Method of Discernment (Criteria)	Hans Zollner		2005	<a href="#">Link</a>
What's Your Decision? How to Make Choices with Confidence and Clarity	J. Michael Sparough, SJ, Tim Hipskind, SJ, Jim Manney	Loyola Press	2010	<a href="#">Link</a>
Francis the discerning pope	Nicholas Austin SJ	Thinking Faith	2018	<a href="#">Link</a>
What Magis Really Means and Why It Matters	Barton T. Geger S.J	Jesuit Higher Education: A Journal: Vol. 1 : No. 2 , Article 16.	2012	<a href="#">Link</a>
Desire and Discernment	Michael Ivens	The Way		<a href="#">Link</a>
Discernment Resources Website				<a href="#">Link</a>
The Discernment of Spirits	James Walsh	The Way	1972	<a href="#">Link</a>
The Discerning Heart: Discovering a Personal God	Maureen Conroy	Loyola Press	1993	<a href="#">Link</a>
The structures of the rules for discernment of spirits	Michael J. Buckley			<a href="#">Link</a>

Title	Author	Publisher	Year	Link
Humility, Magis, and Discernment: A JESUIT PERSPECTIVE ON EDUCATION FOR BUSINESS LEADERSHIP	William J. Byron, S.J			<a href="#">Link</a>
Obedience and Discernment	Francisco López Rivera, S.J	Review of Ignatian Spirituality	2009	<a href="#">Link</a>
Thinking As the Church: Using Ignatian Discernment in Difficult Times	John D. Whitney, SJ		2012	<a href="#">Link</a>
Trust your feelings, but use your head : discernment and the psychology of decision making	Michael J. O'Sullivan, SJ	Studies in the Spirituality of Jesuits	1990	<a href="#">Link</a>
Discernment of spirits and responsible Christian Choice	Armand M. Nigro, S.J			<a href="#">Link</a>

## QUOTES

- ‘And now, O Lord my God, you have made your servant king ... Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?’  
It pleased THE LORD that Solomon had asked this. God said to him ‘Because you have asked this,... for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind’ (some translations ‘heart’) - 1 Kings 3
- “And when you turn to the right or when you turn to the left, your ears shall hear a word behind you, saying, ‘This is the way; walk in it.’” Isa. 30:21
- “Beloved, do not believe every spirit, but test the spirits to see whether they are from God; for many false prophets have gone out into the world”. 1 Jn. 4:1
- “At every moment of our existence God is communicating to us who God is, is trying to draw us into an awareness, a consciousness of the reality of who we are in God’s sight. Whether we are aware of it or not, at every moment of our existence we are encountering God, Father, Son and Holy Spirit, who is trying to catch our attention, trying to draw us into a reciprocal conscious Relationship”. - William H. Barry, S.J. Finding God in All Things
- “What have I done for Christ, what am I doing for Christ, what should I do for Christ?” - Exx 53
- “Every Christian ought to grow in the ability to ‘read within’ his or her life, and to understand where and to what he or she is being called by the Lord, in order to carry on his mission” - Pope Francis
- Many voices ask for our attention. There is a voice that says, "Prove that you are a good person." Another voice says, "You'd better be ashamed of yourself." There also is a voice that says, "Nobody really cares about you," and one that says, "Be sure to become successful, popular, and powerful." But underneath all these often very noisy voices is a still, small voice that says, "You are my Beloved, my favor rests on you." That's the voice we need most of all to hear. To hear that voice, however, requires special effort; it requires solitude, silence, and a strong determination to listen. That's what prayer is. It is listening to the voice that calls us "my Beloved." Henri Nouwen
- “When we yield ourselves to the experience of the Spirit, when everything that can be grasped, named or tasted fades away, when we transcend all created reality, then we can be sure that not only the spirit, but the Holy Spirit, is at work in us. Then is the hour of grace. Then the uncanny fathomlessness of our existence, which we experience, is really the unfathomableness of God, Who is communicating Himself to us. It is the first approach to His infinity, in which there are no paths to be found, and which tastes like nothing, because it is Infinity.” Karl Rahner
- “In every good choice, as far as it depends on me, our intention must be simple. I must consider only the end for which I am created, that is, for the Praise of God our Lord and for the salvation of my soul. Hence, whatever I choose must help me to this end for which I am created.” Saint Ignatius, The Spiritual Exercises (169)